



Grand Marais Gazette

The official staff newsletter for ArrowPower²⁰¹¹

Volume I

Issue 2

Table of Contents

Page 1

Welcome from the
Incident Commanders

Page 2

Medical and Safety
News

Page 3

A Message from the
Chaplain

Page 4

Evening Schedule,
Message from Plans Staff
and Message from
Logistics Staff

Welcome from the Incident Commanders

Welcome to all ArrowPower²⁰¹¹ Staff.

We are looking forward to a great week up here in Grand Marais! Tomorrow participants will be here, ready to begin the work that we've been planning over the last year. This next week we all will be making a difference in the lives of all of our participants, as they invest themselves into these projects. Let us not forget that we not only here to build trails, but we are also here to build leaders.

If you have time available during the week, we would like to encourage you to spend some time out on the trail helping out. There is plenty of work available, here at the Cook County School and out on the Superior Hiking Trail, Pincushion and Britton Peak bike trails.

Thank you for taking time out of your schedules to be here this week. We have no doubt that this week will make for fantastic memories and will provide a great experience for all involved.

Yours in Service,

Bill Beyer
Incident Commander Operations

Ted Weiland
Incident Commander Administration



Important Medical and Safety Information



Stay Safe—Stay Hydrated!

Drinking adequate water is essential in any outdoor actions but especially when providing cheerful service through arduous labor. Dehydration complicates almost every function of a healthy body. Drink before you are thirsty, drink on a regular schedule; your water bottle should always be full and it should always be empty. Some people try to catch up by chugging a bunch of water at one sitting. Half a liter each half-hour is ideal (extra water goes right into your bladder). Electrolyte drinks such as Gatorade are fine, but not necessary except under extreme conditions. Be prepared – bring multiple water bottles, be a good example for your squad and hydrate on a consistent timetable.

Chuck Rose
Safety Staff



Are You Hungry?.....

Then don't be late to the table! All meal service at ArrowPower²⁰¹¹ will stop 15 minutes before the scheduled time for the cafeteria to close.



Stay Informed

Be sure you are "in the know" as an ArrowPower²⁰¹¹ staff member. Pick up a copy of the *Grand Marais Gazette* each day during the evening meal. The newsletters will be available at the table next to the cafeteria exit door.



What Did You Pack?

One of my daily e-mail readings began today with “Packing for the journey, leaving much behind, what shall I take with me?”

No matter how diligent, even the most experienced camper will leave “something tangible” behind. It creates one of those awkward “Darn! I forgot ...” And, we manage to endure for the duration, perhaps a slight less comfortable. But, we make it nonetheless.

We are here at ArrowPower²⁰¹¹ because we take seriously the admonition of brotherhood, cheerfulness and service. We made sure that we packed those needs. Tomorrow, we officially welcome our participants and celebrate what they took with them and what they left behind. How about you?

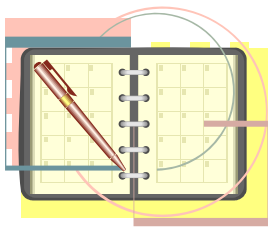
I take mindfulness,
I take gratitude,
I take trust.
I take freedom,
I take love,
I take wonder.
I take courage
I take gentleness and kindness,
I take an open heart,
Open hands, open eyes.
All else I leave on the curb.

Find me on the road,
And find The One
—I do not go on my own—
Pastor Steve

Take a moment today and reflect about what you left behind and what you brought to ArrowPower²⁰¹¹. Please contact me at 920-420-2019 for any needs, or site #44 in staff camping.

by whom
I myself
am taken.

Warren Kraft, Chaplain

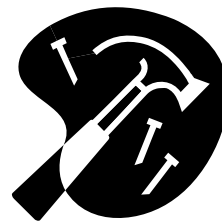


Monday Evening Schedule

6:00 PM	All Staff Dinner
6:30 PM	Logistics Staff Meeting
7:00 PM	Staff Training for Using Trail Tools - highly recommended that <u>all</u> staff attend
8:30 PM	Administration/Finance Staff Meeting

You Know Where You Are, But Do We?

There is an IN/OUT board in the Plans office. Before you leave the Base Camp (school grounds), we ask that you please check out using the IN/OUT board. This includes when you are leaving to work at or visit project sites.



Greetings from the People Who Get You Stuff!

First and foremost we ask, and almost demand that you clear the no parking zone, which is from the grey metal gate and continues for the rest of the driveway. Please move your vehicle if it is in this area. If your vehicle must stay in that area, please stop by and see Dick Amelse in the Logistics office. If you know that you have available time and are able to help complete some school service projects, please let Troy or someone else in the Logistics office know so we can coordinate on base projects for you. If you need anything please leave a detailed note on the flip chart in our office. If you are able to do something on our list please write your name after the item and cross off the item from the list when it is completed. If you have any signs needed to be made, please see Troy in the Logistics office.



The Obligation

I do hereby promise, on my honor as a Scout, that I will always and faithfully observe and preserve the traditions of the Order of the Arrow, Wimachtendienk, Wingolauchsik, Witahemui.

I will always regard the ties of brotherhood in the Order of the Arrow as lasting, and will seek to preserve a cheerful spirit, even in the midst of irksome tasks and weighty responsibilities, and will endeavor, so far as in my power lies, to be unselfish in service and devotion to the welfare of others.